



RIMT UNIVERSITY

"education for life"

Delhi-Jalandhar GT Road (NH1), Sirhind Side, Mandi Gobindgarh, Punjab - 147301 (India)

Ref. No. RIMT/Reg/10/2023-24

Dated; 18-5-2023

Committee for Promotion of Physical Fitness, Sports, Students' Health, Welfare, Psychological and Emotional Well-Being

With reference to the UGC Guidelines on Promotion of Physical Fitness, Sports, Students' Health, Welfare, Psychological and Emotional Well-Being at Higher Educational Institutions of India, vide D.O. No. F.L.-19/2011(CPP-II), dated 12th April, 2023, The following committee is being constituted to provide complete protection to ensure the well-being of students to work and study in a friendly environment.

Sr. No	Name/Designation	Designation as per Committee	Contact No.
1.	Dr. Mamta Roy, Principal, University School of Education.	Coordinator	9817231348
2.	Dr. Nitin Thapar, Dean Student Welfare (officiating) and Nodal officer Equal opportunity Cell consist of Caste based disclination and Rights of Persons with Disabilities (CRPD)	Nodal officer	9914911013
3.	Dr. Navkaran Singh Shergill, Head of Department of Physiotherapy	Counselors	8333800002
4.	Dr. Jyoti Angrish, Coordinator (NSS) and HoD, RIMT School of Legal Studies.	Counselors	9855172321
5.	Mr. Adarsh Kantt, Care Taken Officer of NCC and Assistant Professor, Department of Physical Education.	Counselors	9646895036
6.	Dr. Jaswinder Kaur, Assistant Professor, Department of Psychology	Counselors	8872990557
7.	Dr. Lokendra Kathayat, HoD, Department of Physical Education	Counselors	9041408495
8.	Dr. Gagandeep Pathak, Assistant Professor, RIMT Medical College and Hospital	Counselors	

Objectives

- To ensure equitable access to quality mental health services to all the students enrolled.
- To promote physical fitness and sports activities for students
- To create safeguards against academic pressure, peer pressure, behavioral issues, stress, career concerns, depression and other issues on the mental health of students;
- To teach positive thinking & emotions in the student community
- To promote a positive and supportive network for students.

The functions of the committee, are as per the guidelines issued by the UGC for the same.

Cc:-

1. All Committee Members
2. Deans/Directors/HoDs/Incharges
3. Website/Notice Board.

Encl: UGC Guidelines issued vide D.O. No. F.L.-19/2011(CPP-II), dated 12th April, 2023.

Rahul Mal
RegiRegistrar
RIMT University
Mandi Gobindgarh