

# RIMTUNIVERSITY

# "education for life"

Ref. No. RIMT/Reg/22/2025-26

Dated: 18-7-2025

### Students' Services Centre (SSC) for Holistic Student Well-being

In adherence to the University Grants Commission (UGC) guidelines for Promotion of Physical Fitness, Sports, Students' Health, Welfare, Psychological and Emotional Well-Being, RIMT University has constituted a dedicated Students' Services Centre (SSC). This Centre is committed to fostering a supportive and enabling environment that prioritizes the holistic development and well-being of all students.

#### Revised Constitution of the Students' Services Centre (SSC):

In compliance with UGC guidelines, the following committee has been reconstituted to oversee

the functions and objectives of the Students' Services Centre:

Sr. No	Name/Designation	Role in Committee
2.	Dr. Nitin Thapar, Dean, Student Welfare	(Head of SSC)  Nodal officer
3.	Dr. Navkaran Singh Shergill, HoD Department of Physiotherapy	Counselor
4.	<b>Dr. Jyoti Angrish</b> , Associate Professor and HoD, RIMT School of Legal Studies.	Counselor
5.	<b>Dr. Adarsh Kantt</b> , Assistant Professor, Department of Physical Education and care to NCC Army wing 19 Pb.	Counselor
6.	Dr. Jaswinder Kaur, Assistant Professor, Department of Psychology	Counselor
7.	Dr. Lokendra Kathayat, HoD, Department of Physical Education	Counselor
9.	Ms. Kiranjot D/o Shri Nirmal Singh (Roll no 24MBA008), MBA-3 <sup>rd</sup> Semester	Student Representative

## Objectives and Functions of the Students' Services Centre (SSC):

The SSC is established with the following key objectives and functions:

#### 1. Promoting Physical Fitness and Sports:

1.1 Developing and maintaining robust infrastructure for sports and physical activities.

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1.2 Organizing regular sports events, intramural competitions, and promoting widespread participation in physical activities and yoga.

1.3 Encouraging active student involvement in NSS, NCC, and other avenues for meaningful engagement.

## Addressing Mental and Emotional Well-being:

- 2.1 Providing accessible and confidential counseling services to address student stress, academic pressure, peer pressure, behavioral issues, career concerns, and depression.
- 2.2 Implementing stress management programs and psychological support mechanisms.
- 2.3 Conducting workshops and sessions to cultivate positive thinking, emotional resilience, and life skills.
- 2.4 Establishing early detection mechanisms and referral pathways for students in distress.

### **Ensuring Student Health and Welfare:**

- 3.1 Facilitating comprehensive access to health services and medical support for all students.
- 3.2 Providing tailored support and accommodations for students from diverse backgrounds, including those from rural areas, female students, culturally divergent students, and students with special needs (Divyangjan).
- 3.3 Collaborating with the Anti-Ragging Committee to address and prevent ragging incidents effectively.
- 3.4 Facilitating awareness and access to various scholarships, financial assistance schemes, and welfare programs.

# Creating an Inclusive and Supportive Campus Environment:

- 4.1 Promoting a vibrant, inclusive, and non-discriminatory campus life.
- 4.2 Encouraging active participation in academic, co-curricular, and extra-curricular activities.
- 4.3 Facilitating opportunities for community service, internships, and field training to broaden student experience and skill sets.
- 4.4 Monitoring student behavior and implementing proactive and constructive preventive measures for any deviant tendencies, emphasizing counseling and guided self-improvement rather than punitive actions.

Duration: The term of the committee members shall be up to July 17, 2026.

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Cc:-

 Directors/Deans/Principals / HODs
 Deputy Controller of Exams TPe Deputy Controller of Exams, TPO Cell, Admission Cell, Students Section Supdt. Workshops and H.R Department

4. Accounts Branch & Sports Deptt., Chief Wardens and Chief Estate Officers

5. Transport In-charge, Central Stores6. All concerned committee members

7. All Notice boards.