



RIMT UNIVERSITY, Mandi Gobindgarh (Punjab)

Yoga & Meditation



RIMT UNIVERSITY

"education for life"

Delhi-Jalandhar GT Road (NH1), Sirhind Side, Mandi Gobindgarh, Punjab - 147301 (India)

CIRCULAR

Dated:-15/06/2018

On the occasion of International Yoga Day, Department of Sports and Physical Education is going to organize a 'Yoga Session' on 21/06/2018.

Detail of the Workshop:

Date: 21-06-2021

Time: 10:00 am

Yoga Expert: Ms Meenu Sharma (Certified Yoga teacher from Ministry of Ayush)

Venue: Yoga & Meditation Hall

L.R. Kathayat

Pawinder Singh

HOD

Director

Physical Educational Sports
RIMT-MANDI GOBINDGARH

Glimpses of Yoga Session



List of Students

S. NO	Roll No.	Name	S. NO	Roll No.	Name
1	160280275	SIMARPREET SINGH	26	160280218	ANIKET KUMAR
2	17010102001	ABHISHEK KUMAR RAI	27	160280219	ANUPRIYA DEOBANSI
3	17010102002	ADARSH SINGH	28	160280220	ASHISH KUMAR
4	17010102004	AMAN YADAV	29	160280221	ASHUTOSH RANA
5	17010102007	BANDREDDY LAKSHMI SRINIVAS	30	160280222	BHUPINDER SINGH
6	17010102008	BASTI AASHIQ SHAH	31	160280224	GAURAV SHIV KUMAR
7	17010102011	HUSHANPREET SINGH	32	160280225	GAURI SAHNAN
8	17010102012	JAI SURI	33	160280226	GURPREET SINGH
9	17010102013I	VIKASH KUMAR	34	160280227	HEMANT KUMAR SINGH
10	17010102015	LAKSHAYA BAWA	35	160280228	ISHITA
11	17010102017	MANAN RIYAZ	36	160280229	JAGWANT KAUR
12	17010102024	NITESH KUMAR PANDIT	37	160280230	KAMLESH MANJHI
13	17010102026	PAWANPREET SINGH	38	160280231	KESHAV KUMAR
14	17010102028	RAGHAV SAGGAR	39	160280233	KRISHNA NAND ROY
15	17010102030	RAHUL KUMAR SHARMA	40	160280234	KUMAR ADITYA
16	17010102031	RAKESH KUMAR	41	160280236	LOVEPREET KAUR
17	17010102032	RAMANSH SHARMA	42	160280238	MD INJEMAMUL IRSHAD
18	17010102034	ROUSHAN KUMAR	43	160280240	MUKUND KUMAR
19	17010102035	SANEEN SHAKEEL	44	160280241	MURARI JHA
20	17010102036	SANGRAM SINGH	45	160280242	NABEEL
21	160280244	NEHAL DUTTA	46	17010102038	SHALLU
22	160280247	NITISH KUMAR	47	17010102039	SHIVAM
23	160280248	PARVESH KUMAR	48	17010102040	SHIVAM BHATIA
24	160280249	PAWAN KUMAR SINGH	49	17010102042	SMRITI SAINI
25	160280250	PAWANESH KUMAR	50	17010102043	SONIA

L.B. Kathayat



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Delhi-Jalandhar GT Road (NH1), Sirhind Side, Mandi Gobindgarh, Punjab - 147301 (India)

CIRCULAR

Dated:- 16/06/2019

On the occasion of International Yoga Day, Department of Sports and Physical Education is going to organize a 'Yoga Session' on 21/06/2019.

Detail of the Workshop:

Date: 21-06-2019

Time: 10:00 am

Yoga Expert: Mr Gurpreet Singh (Certified Yoga teacher from Punjabi University)

Venue: Yoga & Meditation Hall

Le. Kattayat

Parminder Singh
Director
Physical Educational Sports
RIMT-MANDI GOBINDGARH

Glimpses of Yoga Session



List of Students

S. No	Roll No.	Name	S. No	Roll No.	Name
1	1800001	TARIQ AWADH OMARI	26	18030406001	AJAY KUMAR
2	1800201	SANJAY KUMAR YADAV	27	18030406002	AJAY SHARMA
3	1800202	MD TARIQE	28	18030406003	AKASHDEEP SINGH
4	1800203	AHSAN-UL-HAQ	29	18030406004	AKSHAY KUMAR
5	1800204	TAHIR-UL-ISLAM	30	18030406005	ARJUN SINGH
6	1800205	SAROJ KUMAR YADAV	31	18030406006	AVSHEK BADLAN
7	1800206	TOM CHRISTOPHER SARUNBO	32	18030406007	AYUSH KUMAR
8	1800207	ARBIND SAH	33	18030406008	AYUSH SINGH WAZIR
9	1800208	ARMENDRA KUMAR YADAV	34	18030406009	CHARAN SINGH
10	1800209	PAPPU KUMAR YADAV	35	18030406010	DEEPAKRAJ SINGH
11	1800210	SHYAM KUMAR YADAV	36	18030406011	DHARAMPREET SINGH
12	1800211	UMESH KUMAR YADAV	37	18030406012	GOBIND SINGH
13	1800303	HAFIDH ABDULLA MOH'D	38	18030406013	GURMAN SINGH
14	1800501	NEEMA MUSSA TIMBANGA	39	18030406014	GURPREET SINGH
15	1800401	RAJESH KUMAR SAH	40	18030406015	HARPREET SINGH
16	1800402	SANJEEV KUMAR	41	18030406016	HIMANSHU SHARMA
17	1800403	SHIVAM SOOD	42	18030406017	JAGDEEP
18	18030406033	ROHIT SOHANPAL	43	18030406018	JASJEET SINGH
19	18030406036	SHAVITA SHARMA	44	18030406020	KAVALJEET SINGH
20	18030406037	SIMRANJEET KAUR	45	18030406023	PARAS SINGH
21	18030406040	Y SIDDHARTH	46	18030406024	PARGAT SINGH
22	18030406041	GURDEEP SINGH	47	18030406025	POOJA KUMARI
23	18030406042	LOVEPREET SINGH	48	18030406027	PREET MONIKA DHADDAY
24	18030406043	TAJINDER SINGH	49	18030406029	PRINCE SINGH
25	18030406045	KUNAL	50	18030406031	RAJKARAN RANDHAWA

Lz. Kathayat

